# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person * McConnell Joyce E.				2. Issuer Name and Ticker or Trading Symbol ANTERO RESOURCES Corp [AR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last) (First) (Middle) 1615 WYNKOOP STREET				3. Date of Earliest Transaction (Month/Day/Year) 07/10/2019							y/Year)		Office	r (give title belo	ow)	Other (specify	below)	_
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
DENVE	R, CO 802	02												d by More than	One Reporting	i cisoli		
(City	·)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any				4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)			Beneficial	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form:	7. Nature of Indire Beneficia		
				(Mon	nth/Day/`	Year)		ode	V	Amour	(A) or (D)	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	or Indirect (Instr. 4)		
Common stock, par value \$0.01 per share		07/10/2019					A		9,191			25,648		D				
			Table II -					quire	conta the fo d, Dis	ined in orm dis	n this forr splays a c	m are curre: eficial	not requ ntly valid		spond unle	ss	C 1474 (9-0	J2)
1. Title of	12	3. Transaction			4.						tible secur		itle and	O Duisa of	9. Number	of 10.	11 N	Lotum
	Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	Execution Da any	te, if Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Und Secu	ount of erlying irities cr. 3 and	Derivative Security (Instr. 5)		Owner Form of Deriva Securit Direct or Indi	ship of Inc Bene Cowne (Instr (D)	Beneficial Ownership (Instr. 4)		
					Code	V	(A)		Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares					

### **Reporting Owners**

D # 0 Y /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
McConnell Joyce E. 1615 WYNKOOP STREET DENVER, CO 80202	X						

## **Signatures**

/s/ Alvyn A. Schopp, as attorney-in-fact for Joyce E. McConnell	07/12/2019
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.