UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): June 25, 2019

ANTERO RESOURCES CORPORATION

(Exact Name of Registrant as Specified in its Charter)

Delaware (State or Other Jurisdiction of Incorporation) **001-36120** (Commission File Number)

1615 Wynkoop Street Denver, Colorado 80202

(Address of Principal Executive Offices) (Zip Code)

Registrant's Telephone Number, including Area Code: (303) 357-7310

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to section 12(b) of the Act:

		Name of each exchange
Title of each class	Trading Symbol(s)	on which registered
Common Stock, par value \$0.01 Per Share	AR	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

80-0162034 (IRS Employer Identification No.)

Item 7.01 Regulation FD Disclosure.

Antero Resources Corporation (the "Company") previously disclosed a reduction in its 2019 capital budget by 20% compared to 2018. The reduced capital budget includes a drilling and completion ("D&C") capital expenditure budget of \$1.3 to \$1.375 billion.

On June 25, 2019, the Company provided further information about its plan to target an additional 10% well cost reduction by 2020 through service cost deflation, selfsourcing of sand and completion logistics, operational efficiencies and new produced water cost-savings initiatives. Assuming the Company operates in 2020 at D&C activity levels similar to its 2019 plan and achieves the targeted cost savings, the Company would expect 2020 D&C capital expenditures to be 10% lower than 2019 levels. The Company also anticipates that the new produced water transportation cost savings initiatives will result in 20% lower per unit lease operating expenses from current levels over the next 12 to 18 months.

The information furnished in this Item 7.01 shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall such information be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, regardless of any general incorporation language in such filing, except as shall be expressly set forth by specific reference in such filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ANTERO RESOURCES CORPORATION

By: /s/ Glen C. Warren, Jr.

Glen C. Warren, Jr. President and Chief Financial Officer

Dated: June 25, 2019